

## *Welcome Back to Weekly Wellness*

Good Morning, 'Stoga! 😊

Please click the link below for a short feedback survey. The purpose of this survey is to get a feel for where the Conestoga High School student and staff viewers are with their engagement in the Weekly Wellness program and how it can be improved. Your voice is important for helping to shape the program to meet your needs, so please be honest with your responses!

Link: [https://forms.office.com/Pages/ResponsePage.aspx?id=qxqZ1-C\\_6EaDFd7YfRIuY0gjswQd\\_FRJsN7EmSalzARUOTdOM0M1NDBISFIPVk9FOVM5TFhRM0FRSi4u](https://forms.office.com/Pages/ResponsePage.aspx?id=qxqZ1-C_6EaDFd7YfRIuY0gjswQd_FRJsN7EmSalzARUOTdOM0M1NDBISFIPVk9FOVM5TFhRM0FRSi4u)

Thank you for completing the survey! Your voice is so important in helping to make this program best serve you.

Stay tuned to Schoology for more Weekly Wellness on Monday.

I hope you all have a great week! 😊

*“Wherever you are, be there totally.” - Eckhart Tolle*

**If you have any questions, concerns, comments, or would like to chat, please do not hesitate to email me at [rodgerss@tesd.net](mailto:rodgerss@tesd.net) or you can send me a message on Schoology!**